



Game Details

- **Equipment Needed:** Foam Balls, Foam Blocks
- **Skills:** Catching, Throwing, Kicking
- **Grades:** 4-7
- **Game Type:** Group Activity

How to Play

All players place their block inside their hoop anywhere in the play area away from the walls and their job is to protect it from being knocked over by foam balls. By throwing the foam balls, kids try to knock over each others blocks. If your block is knocked over you do 10 jumping jacks, put your block back up and then rejoin the game. You cannot knock a block over with anything other than a ball and your block must be standing up before you can throw any more balls. If you knock your own block over you must do the jumping jacks.

Modifications

- ▲ Adjust the space as needed (less space means more action)
Play this game by kicking the ball instead of throwing
Adjust the rules to play in teams. When your block gets hit, you join that person's team by moving your hoop and block beside theirs.
- ▼ Adjust the size of the playing area
Can both kick and throw the ball at the blocks