



Game Details

• Equipment Needed: Foam Balls

Grades: K-5



Skills: Locomotor Game Type: Warm Up

How to Play

This is a simple tag game with a built-in rule that is great for reducing contact. Assign 3-4 taggers and give each of them a foam ball. Their goal is to tag anyone else, but it must be with the ball (tagging with hands or throwing the ball is not allowed). When they successfully tag someone, they pass along the "germ" and the person who was tagged will take the ball and try to tag someone new. You cannot tag the person who tagged you back. This game will go on forever so set a time limit.

Modifications



Add more balls for increased action Make the area larger for more running, or smaller for more action and agility



Give taggers foam blocks or foam balls to help them reach to tag