



## Game Details

- **Equipment Needed:** Badminton Birdies
- **Skills:** Catching, Throwing
- **Grades:** 4-7
- **Game Type:** Warm Up

## How to Play

Stand about 2m apart from a partner. One partner starts with a badminton birdie, feathers facing upwards. The second partner throws their birdies up in the air one at a time, hoping to land one directly into their partner's birdie. Once you get one, the game continues with more difficulty, as the goal is to stack as many birdies as you can!

## Modifications

- ▲ For an extra challenge, stand further apart from your partner  
To work on right-left symmetry, have kids use their opposite hand to throw and catch
- ▼ Stand closer to your partner  
Catch the birdie in one hand and stack it on to the other hand holding the birdies