



## Game Details

- **Equipment Needed:** Balls, Cones (small)
- **Skills:** Kicking, Locomotor, Teamwork
- **Grades:** 3-6
- **Game Type:** Group Activity

## How to Play

Divide your group into groups of 4. Set one ball on top of a plastic cone, and designate one person to start on the "Castle Guard". Their job is to block the others from kicking their ball and knocking over the ball on the cone. The remaining 3 players can dribble and pass however and how much they like before finding an opening to knock the ball off. They cannot simply knock the ball off by kicking it with their feet, and the Castle Guard cannot touch their ball directly. When someone is able to knock the ball off, they become the Castle Guard for the next round.

## Modifications

- ▲ Put a hoop around the cone and ball that the guard must stay out of (harder for the guard)  
To encourage passing, have a minimum number of passes to complete before they can make an attempt at the ball
- ▼ Adjust the size of ball the students are using - a smaller ball like a "pebble" works better for smaller feet, and the foam balls can work well for kids who have fears of full soccer balls  
Put a hoop around the cone and ball that the guard must stay out of (easier for the kickers)