



Game Details

- **Equipment Needed:** Cones, Foam Balls, Foam Noodle
- **Skills:** Balance, Locomotor
- **Grades:** K-3
- **Game Type:** Warm Up

How to Play

Choose three to four players to be taggers. Taggers must try to tag anyone else using their tagging tool (foam ball or foam noodle). Once tagged, players must make their body look like a boat by sitting on the ground with their legs stretched in front of them and feet and hands off the ground (v-sit position). To be free, another player must place the sole of their shoe, to the sole of the shoe of the player who is sitting like a boat. Switch taggers to ensure everyone gets a chance to balance like a boat.

Modifications

- ▲ Adjust the size of the playing area depending on the number of participants (less space means more action)
Change the way players move around the play area (gallop, skip, jump, etc)
- ▼ If the boat position is too difficult, players can place hands on the ground behind them for support