



Game Details

- **Equipment Needed:** Beanbags, Foam Blocks, Polyspots
- **Grades:** 3-7
- **Skills:** Balance
- **Game Type:** Skill Practice

How to Play

This can be a partner game, a solo game, or a large group activity – and the rules remain the same! players line up at one end of the play area with their 2 lily pads (polyspots, foam blocks, bean bags or pieces of paper). The goal of the game is to get to the other side of the ‘pond’ without falling in the water. To do this, the kids must always be standing on their lily pads even while they reach down and move the other lily pad ahead. Then, they can step on that lily pad and continue this pattern to the other end. If they ‘fall in the pond’ they must do 5 jumping jacks to ‘swim’ back to the lily pads before they can continue. To progress this game, have kids try it in partners or teams of 3 or 4. Each team gets one more piece of equipment than number of kids on the team.

Modifications

▲ Use foam blocks to increase difficulty
If being solo is easy for the group - put them into teams
Increase size of playing area

▼ Use polyspots to decrease difficulty
Decrease size of playing area